

COVID-19 Netball Activity Session Guidelines

Step 1 - #NetsGetReady

Ensure your club/league has completed the #NetsGetReady checklist prior to organising a session. This includes making sure that all 5 mandatory steps are completed, including the completion of a COVID-19 Risk Assessment.

Step 2 – Activity Register

Take a register including contact details, including non-participants (coaches, volunteers etc). Participants under 18 will need permission of guardian – their contact details are required.

Remember to keep the register secure and think about Data Protection/GDPR.

Step 3 - COVID-19 Self Declaration

Everyone is required to 'self-assess' that they have NOT had in the last 2 weeks:

- A continuous high temperature
- A loss of taste or smell
- A new continuous cough
- Contact with anyone who has had these symptoms or who has tested positive for COVID-19

They need to agree to this statement above, or to not book or attend.

NB. Don't ask for details, just 'Yes' or 'No' to the statement.

Step 4 – Communicate Activity Guidance

Ensure Welsh Netball guidance related to the relevant Stage of the 'Return to Play' roadmap is followed. The latest information and guidance can be found on our website:

<http://www.welshnetball.com/c19/>

Communicate guidance to all participants prior to the start of the session (e.g. Social distancing, no sharing of equipment, hygiene practices etc).

The person responsible for the session must monitor the session for compliance with measures.

Step 5 – Safe Travel

Ensure safe dispersal at end of session (e.g. social distancing maintained).

Do not share lifts in cars and avoid public transport where possible.

Test Trace Protect Service (TTPS)

The TTPS is run by NHS Wales.

Clubs/leagues do NOT need to get involved other than providing information. The TTPS will contact you if they need information from you.

How it works:

- Any person who suspects they may have COVID-19 (or has symptoms) should self-isolate along with other members of their household.
- They should apply for a test, which can be done online or by telephoning NHS 111.
- If the test is positive, they will be contacted by the TTPS.
- The TTPS will get the details of contacts the infected person has had since two-days prior to the first symptoms.
- The TTPS will contact people that have been in contact with the infected person. This is when your organisation will be contacted.

• Give the TTPS the details of those in attendance at the date and time the TTPS tell you.

- The TTPS may not tell you who has tested positive. If you are told then do not make a note of it.
- Information given to you is CONFIDENTIAL.
- Don't contact anyone yourself – it is the job of the TTPS to do this (unless they instruct you to do so).

Other things to remember:

- Have a first aid kit on hand
- Session led by a UKCC Level 2 netball coach with in-date DBS* (*applicable for sessions with U18's)
- Adhere to coach-to-child ratios for junior sessions
- If parents wish to stay, they may remain in vicinity but must maintain distance to not be included in the group

Now you're good to go... Have fun!